



# Co-creating the Future of Healthcare

Patient and Public  
Involvement (PPI) in Health Policymaking

Maybe I have an  
idea...

I want to try  
getting  
involved!

How can I  
contribute?

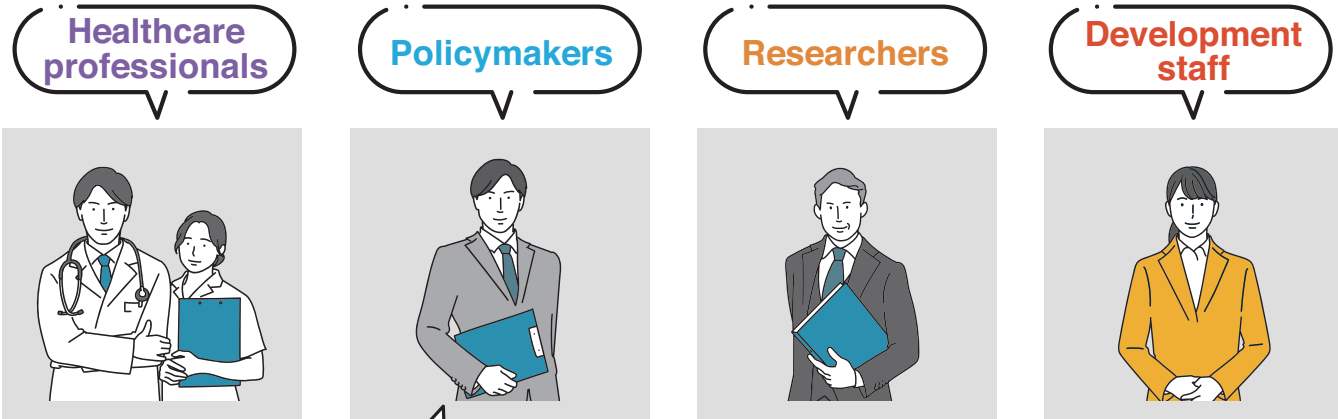
I know what  
kind of system  
we need!





# What does it mean to co-create healthcare? With whom?

**Better healthcare that meets the needs of patients and citizens** can be created through collaboration among the patients and citizens who receive it and the various specialists who provide it. **From health professionals to policymakers, researchers, and development staff, various specialists need to collaborate with patients and citizens.**

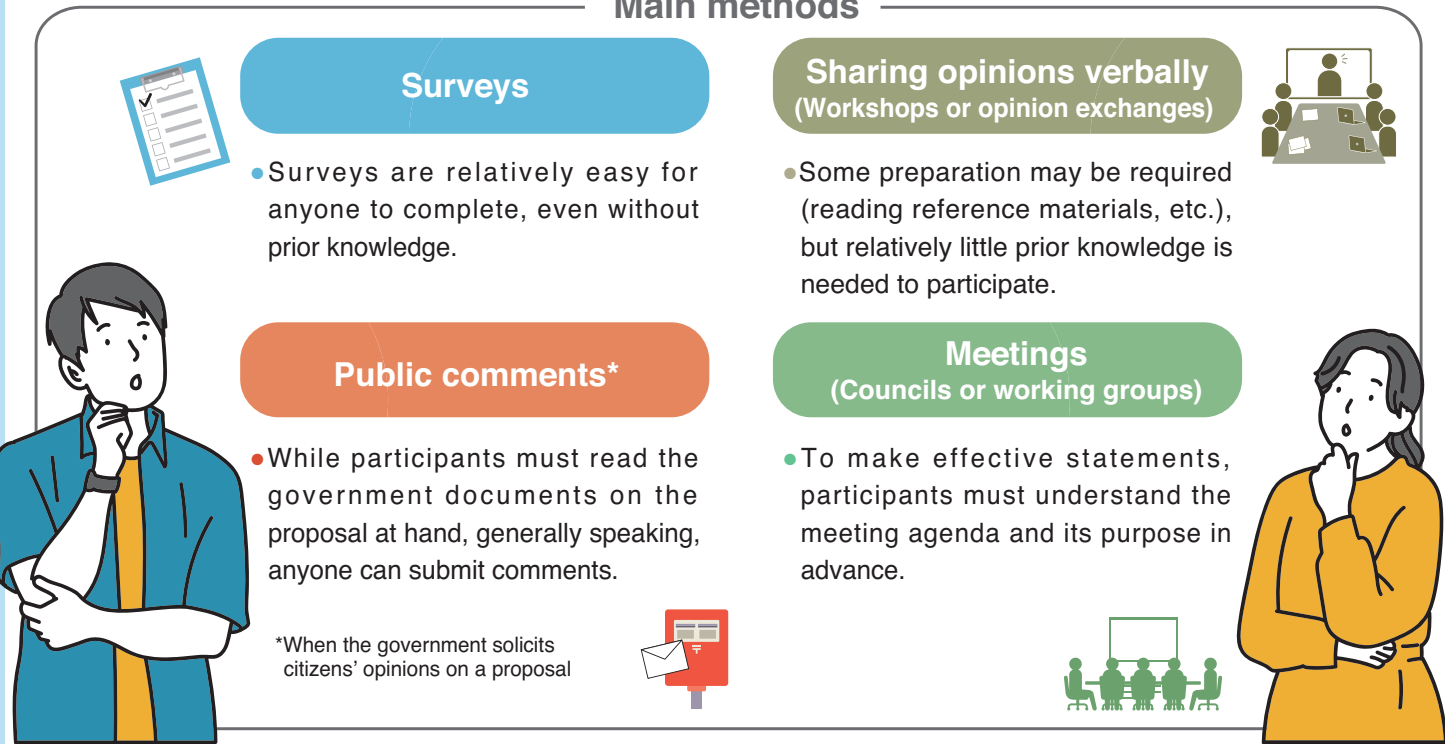


**Health policies can impact the lives of many patients and citizens. Creating better health policies means gathering the opinions of a diverse range of patients and citizens during the policymaking process.**

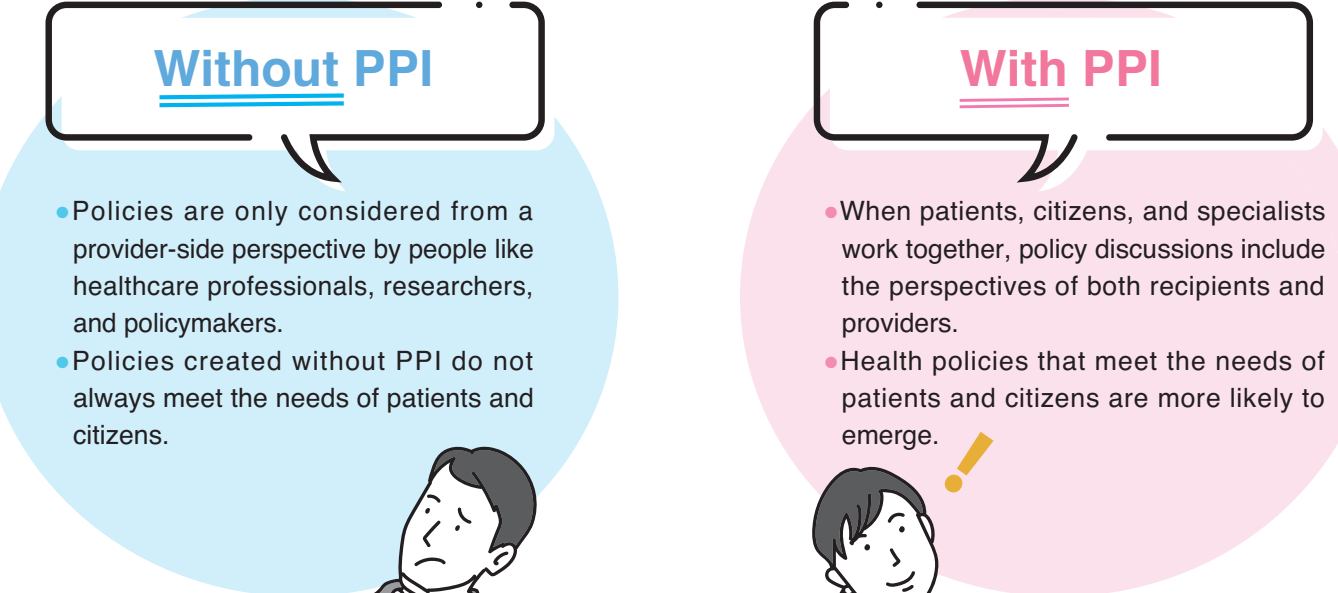


# How do I get involved? Do I need prior knowledge?

There are various methods for people to join in PPI. Depending on the method, some prior knowledge may be necessary. Make sure to visit the website or social network account of the hosting organization to check what methods they use.

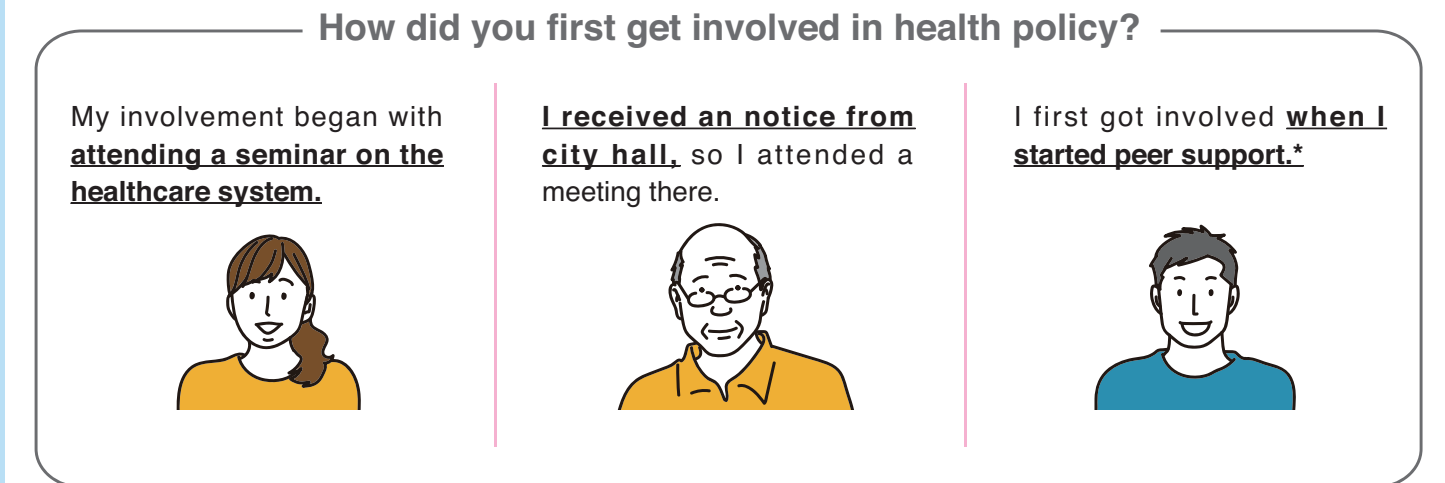


# Why get involved in health policy?



# Taking the first step toward PPI

Building experience through convenient opportunities for involvement or attending seminars can lead to involvement in health policies that impact more patients and citizens.



**Start with participation or educational opportunities that are nearby and related to a topic you are interested in, and try to make the most of your experiences to achieve better healthcare.**

\*Mutual support activities among people who share a disease or disability

## Want to know more?

HGPI offers useful information and resources to help patients and citizens take part in policymaking. More details can be found in our guidance on PPI, linked at the QR code provided here.



Guidance on PPI in Health  
Policymaking



## Checklist for attending government meetings

### Preparedness

- ☐ Keep in mind that you are speaking from a broad perspective that represents the voices of multiple patients and citizens

### Knowledge

- ☐ Check terminology for diseases and healthcare topics that are related to the meeting agenda
- ☐ Confirm that you know the purpose and placement of the meeting you are attending

### Decorum

- ☐ Be prepared to cooperate with people in various positions and to hold constructive discussions
- ☐ Time is limited, so be ready to share your opinion in a clear and concise manner

For inquiries, please contact:

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