

# Checklist for attending government meetings Preparedness Keep in mind that you are speaking from a broad perspective that represents the voices of multiple patients and citizens Knowledge Check terminology for diseases and healthcare topics that are related to the meeting agenda Confirm that you know the purpose and placement of the meeting you are attending Decorum Be prepared to cooperate with people in various positions and to hold constructive discussions Time is limited, so be ready to share your opinion in a clear and concise manner

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# Co-creating the Future of Healthcare

Patient and Public Involvement (PPI) in Health Policymaking





# What does it mean to co-create healthcare? With whom?

Better healthcare that meets the needs of patients and citizens can be created through collaboration among the patients and citizens who receive it and the various specialists who provide it. From health professionals to policymakers, researchers, and development staff, various specialists need to collaborate with patients and citizens.

















Health policies can impact the lives of many patients and citizens. Creating better health policies means gathering the opinions of a diverse range of patients and citizens during the policymaking process.



# How do I get involved? Do I need prior knowledge?

There are various methods for people to join in PPI. Depending on the method, some prior knowledge may be necessary. Make sure to visit the website or social network account of the hosting organization to check what methods they use.

### Main methods



### Surveys

Surveys are relatively easy for anyone to complete, even without prior knowledge.



### **Public comments\***

 While participants must read the government documents on the proposal at hand, generally speaking, anyone can submit comments.

\*When the government solicits citizens' opinions on a proposa



### Sharing opinions verbally Workshops or opinion exchanges



 Some preparation may be required (reading reference materials, etc.), but relatively little prior knowledge is needed to participate.

### Meetings (Councils or working groups)

 To make effective statements, participants must understand the meeting agenda and its purpose in advance.







# Why get involved in health policy?

## Without PPI

- · Policies are only considered from a provider-side perspective by people like healthcare professionals, researchers, and policymakers.
- Policies created without PPI do not always meet the needs of patients and citizens.



- When patients, citizens, and specialists work together, policy discussions include the perspectives of both recipients and providers.
- Health policies that meet the needs of patients and citizens are more likely to



# Taking the first step toward PPI

Building experience through convenient opportunities for involvement or attending seminars can lead to involvement in health policies that impact more patients and citizens.

How did you first get involved in health policy?

My involvement began with attending a seminar on the healthcare system.



I received an notice from city hall, so I attended a meeting there.



I first got involved when I started peer support.\*





\*Mutual support activities among people who share a disease or disability

Start with participation or educational opportunities that are nearby and related to a topic you are interested in, and try to make the most of your experiences to achieve better healthcare.